



## Spicy Pumpkin Dip

Preparation: 12 min Yield: 3 cups

Fox 5 October

Hot and Goopy a terrific savory dip!

1 1/2 cups pumpkin purée

1 1/2 cups canned chickpeas, drained and rinsed

3 tablespoons sesame paste (tahini)

1 clove garlic

1 teaspoon cayenne pepper

1 teaspoon cumin

2 tablespoons olive oil

2 tablespoons lemon juice

salt / pepper

In a food processor, process pumpkin and chickpeas until fairly smooth.

Add remaining ingredients to food processor and process until smooth.

Season to taste

Serve with pita chips or crackers

